

Discover Lanai Ingredients

MENU ITEM	INGREDIENTS
Fruit Tray	Pineapple, orange, or seasonal fruit
Cinnamon Roll	Sugar, potato flakes, yeast, flour, water, egg, salt, oil. Icing: Butter, Powdered sugar, condensed milk, lemon extract. AM trips only
Muffin	Muffin: GF Flour, brown sugar, canola oil, kosher salt, baking powder, baking soda, cinnamon, nutmeg, vanilla extract, and mango or pumpkin or banana Icing: Water & sugar Muffin Flavor: Banana, Summer – Mango, Thanksgiving through Christmas – Pumpkin AM substitute for Cinnamon Roll as option for Vegan/Vegetarian & Gluten/Dairy Free PM substitute for Cookies option for Vegan/Vegetarian & Gluten/Dairy Free
Breakfast Croissant	Egg, bacon, cheddar cheese (cultured pasteurized milk, salt & enzymes) and butter croissant (enriched flour (wheat flour, niacin iron, thiamin mononitrate, riboflavin, folic acid), butter [cream, water, partially skimmed milk (milk, vitamin a palmitate, vitamin d3), natural flavor], yeast, contains 2% or less of the following: sugar, eggs, nonfat dry milk, whole milk powder (with vitamins A & D), wheat gluten, salt, ascorbic acid, enzymes.) on late DL only

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Acai Bowl	Acai Mix: acai puree, blueberries, raspberries, strawberries, coconut milk, agave Toppings: local berries, granola, agave Granola: Organic Certified Gluten-Free Oats, Organic Coconut Sugar, Organic Coconut Oil, Organic Sunflower Seeds, Organic Puffed Amaranth, Organic Quinoa Flakes, Organic Chia Seeds, Organic Cinnamon, Salt.
Gluten-Free Breakfast Tacos	eggs, bacon and cheddar cheese (cultured pasteurized milk, salt & enzymes.) Soft white corn tortillas (corn masa flour, water, contains 2% or less of: cellulose gum, guar gum, amylase, and propionic acid, benzoic acid and phosphoric acid
Chips & Salsa	Chips: whole grain corn, water, vegetable oil, salt Salsa: tomatoes, onion, garlic, jalapeno, pineapple, lime, cilantro, salt, pepper
Ice Cream w/ Chocolate Syrup	Roselani Vanilla Ice Cream: Skim Milk, Sugar, Butter, Vanilla Extract, Stabilizer (Mono & Diglyceride, Locust, Bean Gum, Guar Gum, Carrageenan), Annatto Hershey's Chocolate Syrup: High Fructose Corn Syrup, Corn Syrup, Water, Cocoa, Sugar, Potassium Sorbate, Xanthan Gum, Salt, Mono and Diglycerides, Polysorbate 60, Vanillin, Artificial Flavor, No and Diglycerides, Polysorbate 60
Popcorn	Corn, sugar, coconut oil, salt, LiHing powder (plum extract, salt), licorice, FD&C: Red#40, Yellow #5, aspartame) Japanese rice cracker (arare) seaweed. Processed in a kitchen that uses wheat, peanuts and other tree nuts.

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