

Discover Lanai Ingredients

| MENU ITEM | INGREDIENTS |
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| Fruit Tray | Pineapple, orange, or seasonal fruit |
| Cinnamon Roll | <p>Sugar, potato flakes, yeast, flour, water, egg, salt, oil. Icing: Butter, Powdered sugar, condensed milk, lemon extract.</p> <p>AM trips only</p> |
| Muffin | <p>Muffin: GF Flour, brown sugar, canola oil, kosher salt, baking powder, baking soda, cinnamon, nutmeg, vanilla extract, and mango or pumpkin or banana</p> <p>Icing: Water & sugar Muffin Flavor: Banana, Summer – Mango, Thanksgiving through Christmas – Pumpkin</p> <p>AM substitute for Cinnamon Roll as option for Vegan/Vegetarian & Gluten/Dairy Free PM substitute for Cookies option for Vegan/Vegetarian & Gluten/Dairy Free</p> |
| Breakfast Croissant | <p>Egg, bacon, cheddar cheese (cultured pasteurized milk, salt & enzymes) and butter croissant (enriched flour (wheat flour, niacin iron, thiamin mononitrate, riboflavin, folic acid), butter [cream, water, partially skimmed milk (milk, vitamin a palmitate, vitamin d3), natural flavor], yeast, contains 2% or less of the following: sugar, eggs, nonfat dry milk, whole milk powder (with vitamins A & D), wheat gluten, salt, ascorbic acid, enzymes.)</p> <p>on late DL only</p> |

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| Yogurt Cup | <p>Soy or Coconut yogurt, strawberry, banana, passion fruit puree, honey</p> <p>Granola: Organic Certified Gluten-Free Oats, Organic Coconut Sugar, Organic Coconut Oil, Organic Sunflower Seeds, Organic Puffed Amaranth, Organic Quinoa Flakes, Organic Chia Seeds, Organic Cinnamon, Salt.</p> |
| Gluten-Free Breakfast Tacos | <p>eggs, bacon and cheddar cheese (cultured pasteurized milk, salt & enzymes.)</p> <p>Soft white corn tortillas (corn masa flour, water, contains 2% or less of: cellulose gum, guar gum, amylase, and propionic acid, benzoic acid and phosphoric acid</p> |
| Ice Cream w/ Chocolate Syrup | <p>Roselani Vanilla Ice Cream: Skim Milk, Sugar, Butter, Vanilla Extract, Stabilizer (Mono & Diglyceride, Locust, Bean Gum, Guar Gum, Carrageenan), Annatto</p> <p>Hershey's Chocolate Syrup: High Fructose Corn Syrup, Corn Syrup, Water, Cocoa, Sugar, Potassium Sorbate, Xanthan Gum, Salt, Mo ate 60, Vanillin, Artificial Flavor, No-and Diglycerides, Polys orb</p> |
| Popcorn | <p>Corn, sugar, coconut oil, salt, LiHing powder (plum extract, salt), licorice, FD&C: Red#40, Yellow #5, aspartame) Japanese rice cracker (arare) seaweed.</p> <p>Processed in a kitchen that uses wheat, peanuts and other tree nuts.</p> |